

2023 MORGAN COUNTY 4-H EXHIBIT DIVISIONS AND RULES

ENTRY SCHEDULE:

MONDAY, JULY 31

4 - 7 P.M. ENTER ALL EXHIBITS (EXCEPT THOSE ITEMS LISTED IN CLASSES UAB, UAC, UAD, AND DIVISION V) IN EXHIBIT BUILDING.

TUESDAY, AUGUST 1

8 – 8:30 A.M. ENTER ALL FOOD ITEMS IN UAB, UAC, AND UAD, ENTER ITEMS IN DIVISION V FRESH CUT FLOWERS AND RASPBERRIES IN EXHIBIT BUILDING. JUDGING BEGINS PROMPTLY AT 8:30 A.M. DO NOT BE LATE.



IMPORTANT REMINDER: NO 4-H ENTRIES EXCEPTED ON WEDNESDAY OR THURSDAY!

****MONDAY, AUGUST 7****

5 - 7 P.M. ALL EXHIBITS TO BE PICKED UP AT EXHIBIT BUILDING, NO EXCEPTIONS!

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EXHIBIT BUILDING WILL BE OPEN TO THE GENERAL PUBLIC:

THURSDAY: 10 A.M. TO 7 P.M.

FRIDAY: 10 A.M. TO 7 P.M.

SATURDAY: 10 A.M. TO 7 P.M.

GENERAL RULES: The following are requirements for 4-H member participation and shall apply to all sections:

- PARTICIPANTS MUST register and pay for 4-H membership in Morgan County by July 14, 2023, to be eligible to submit entries to the 4-H section of the Morgan County Fair. Register at <https://4h.zsuite.org/>.
- EXHIBITS MUST be pre-registered online at: <http://morgancountyfair4hindooentries.fairentry.com>. Print labels for each exhibit and attach to each item.
- EXHIBITS MUST be registered in the 4-H system by 1 p.m. on July 31, 2023. Entries not entered will not be accepted.
- EXHIBITS MUST BE PICKED UP at the EXHIBIT BUILDING on Monday, August 7th from 5:00 p.m.–7:00 p.m. baked goods will NOT be returned. Exhibits not claimed by 7:00 p.m. will be donated.
- 4-H members will be allowed to enter more than one exhibit per class, but no more than one exhibit per lot within the class. Exceptions to this rule are Food Preservation (3 bottles of different fruit and three bottles of different vegetables are allowed) and Gardening (may enter two exhibits in each lot but must be different varieties).
- Cloverbud members (K-2nd) will be allowed a total of 4 entries and will be given a participatory ribbon and a \$1 premium per entry.
- 4-H members 3rd-12th grades will be allowed an unlimited number of total entries.
- Exhibits must have a completed exhibit card securely attached. Exhibits with more than one part must have an exhibit card attached to each part numbered 1 of 3, 2 of 3, 3 of 3, etc.
- Please indicate if the item was made from a kit.
- Exhibits should not be school homework. If part of it was done in school please include a note explaining what additional things, the 4-H member did to make it also into a 4-H project.
- Food items need to be of a quality to keep more than a week without refrigeration. Frozen food products are not acceptable. Do not send food items which will spoil quickly. Bread exhibits may be made by the traditional method or with a bread machine. Food will be sprayed after judging.
- Exhibits which are normally hung on the wall must provide some means for attachment to the wall (paintings, sketches, framed items, woodworking, wall-hangings, and articles using artificial or dried flowers).
- Exhibits must be well made so they are stable enough to be moved.
- Where display space is limited only selected articles may be shown.

- As a result of the various growing seasons, fruits, vegetables and vegetable creatures do not have to compete first at the County Level. However, they must be State Level quality to receive ribbon, premium and pass to the fair.
- Posters must be 22" X 33" or smaller.
- Notebook binders must be 2 inches or smaller.
- Displays must be 4' X 4' or smaller and be free standing.
- Collection boxes must be 325 square inches for bottom measurement or smaller and glass covers must open at the top or side of the box; the glass must be secured so that glass will not move when box is properly displayed at the fair.
- Judges will place exhibits in blue, red or white classification, according to the quality of the exhibit.
- Stickers will be used on exhibits; 4-H members may exchange their sticker for a ribbon at the premium payout booth during the fair. Ribbons will not be available after August 6, 2022.
- 4-H Exhibits chosen to go to State Fair will be left with the Morgan County Extension Office, except baked goods must be freshly made and brought back to the office. Contact the Extension Office for more information.
- Baked products and gardening exhibits will not be returned without prior special arrangement.
- Items to be returned (hangers, pie pans, cake stands, etc.) must be marked with name of exhibitor and phone.
- Premiums will be paid as follows: Blue \$3.00, Red \$2.00, White \$1.00
- **NEW Since 2019: Exhibitors will be paid no more than \$30 TOTAL, per person, no matter how many entries they enter (includes both 4-H and Open Class Entries. Does not include Horse, Livestock and Small Animal entries).**

Scroll to page 5 for division, class, lot information.

UTAH 4-H FAIRBOOK 2023



**FAIR COORDINATOR:
MEGAN HENDRICKSON**

UTAH 4-H FAIR

GENERAL RULES

1. **BETWEEN 9:00 AM TO 2:00 PM ON THURSDAY, AUGUST 31ST, 2023**, counties are to send or bring all 4-H exhibits **except** crops and gardens to the 4-H Building near the South Gate (Deseret Building) at the Utah State Fairgrounds. Counties must sign up for a time beforehand. Crops and gardens exhibits must be brought **BETWEEN 10:00 AM AND 12:00 PM ON WEDNESDAY, SEPTEMBER 6th, 2023**.

2. **Counties are to enter all exhibits through the Online Fair Entry Program. Please print two "State Fair Entry" lists. Submit the completed lists with entries submitted at the State 4-H Building on THURSDAY, AUGUST 31st, 2023.** Information requested is as follows: name of county, class number, first and last name of the exhibitor, and a complete description (include color) of the exhibit as insurance against loss. The first list is to be in the order of class number, last name, first name and the second list in the order of last name, first name, class number. **Complete descriptions are required!**

3. The following are requirements for 4-H member participation:
 - 4-H members must have been in the 3rd grade through the 12th grade and at least 8 years old on September 1, 2022.
 - 4-H members must be enrolled in the project in which the exhibit is entered.
 - 4-H members will be allowed to enter more than one exhibit per class, but no more than **one exhibit per lot** within the class. Exceptions to this rule are Food Preservation (3 bottles of different fruit and three bottles of different vegetables are allowed) and Gardening (may enter two exhibits in each lot but must be different varieties).
 - 4-H members will be allowed an unlimited number of total entries.

4. As a result of the various growing seasons, fruits, vegetables, and vegetable creatures do not have to compete first at the County Level. However, they must be State Level quality. Please check with your county for requirements. Entries must be of state level quality to receive ribbon, premium, and pass to the fair.

5. The following are requirements and information for exhibits:
 - Posters must be 22" X 33" or smaller.
 - Notebook binders must be 2 inches or smaller.
 - Displays must be 4' X 4' or smaller and be free-standing.
 - Collection boxes must be 325 square inches for bottom measurement or smaller and glass covers must open at the top or side of the box; the glass must be secured so that glass will not move when the box is properly displayed at the fair.

- Exhibits must have a completed exhibit card attached securely to it. Exhibits with more than one part must have an exhibit card attached to each part numbered 1 of 3, 2 of 3, 3 of 3, etc.
- Food items need to be of a quality to keep more than a week without refrigeration.
- Frozen food products are not acceptable. Do not send food items which will spoil quickly. Bread exhibits may be made by the traditional method or with a bread machine. Food will be sprayed after judging.
- Exhibits which are normally hung on the wall must provide some means for attachment to the wall (paintings, framed items, woodworking, wall-hangings, and articles using artificial or dried flowers).
- Exhibits must be well made so they are stable enough to be moved.
- Where display space is limited only selected articles may be shown.
- Baked products and gardening exhibits will not be returned without prior special arrangement.
- Items to be returned (hangers, pie pans, cake stands, etc.) must be marked with name of exhibitor and county.
- Please indicate if the item was made from a kit.
- Exhibits should not be school homework. If **part** of it was done in school, please include a note explaining what additional things the 4-H member did to make it also into a 4-H project.

6. Counties are responsible to sign up for a time to collect the exhibits AFTER 12:00 PM AND BEFORE 4:00 PM ON MONDAY, SEPTEMBER 18th, 2023; all exhibits must be picked up at the 4-H Building near the South Gate at the Utah State Fair. Exhibits not picked up at that time will be taken to USU for distribution at a later date.

7. The following judging and award guidelines will be used:

- All entries will be judged.
- Entries deemed to be of superior quality will be recognized as such and receive a State Fair Honor Award rosette.
- More than one entry per class may receive the State Fair Honor Award, but not more than 10% of the total entries in the department.
- Each 4-H member with entries in the Fair will receive at least one (1) gate admission pass.
- Entries will receive the following premiums: o Rosette - \$2.00 o Blue - \$1.50 o Red - \$1.25 o White - \$1.00

DIVISION A

AGRICULTURE, ENVIRONMENTAL, AND ANIMAL SCIENCE

CLASS AA – Agriculture & Animal Science

- Lot 1:** AGRISCIENCE POSTER – Poster that depicts your AgriScience project, should include the scientific method, hypothesis, materials & methods, results, and discussion.
- Lot 2:** ANIMAL SCIENCE POSTER – Educational poster with any animal science related topic including but not limited to horse, livestock, or companion animal.
- Lot 3:** HANDMADE EQUIPMENT / SUPPLIES – any item that you have made that relates to your agriculture or animal project. Includes but not limited to halters, feeders, stands, tack boxes toys, or habitats.
- Lot 4:** VIDEO DEMONSTRATIONS – recorded visual demonstrations related to your animal science project. Includes but not limited to Utah 4-H Pet Show Demonstrations, mini livestock workshops, or similar educational demonstrations.
- Lot 5:** COLLECTIONS – any items collected and displayed. May include but is not limited to model horses, photo albums, equipment sets, and similar items. Collections must be labeled.
- Lot 6:** OTHER – Any other items related to agriculture and animal science that does not fit into any other lot.

CLASS AB – Natural Resources and Outdoor Education

- Lot 1:** POSTER PRESENTATION – Educational poster with any natural resource or outdoor education related topic.
- Lot 2:** HANDMADE EQUIPMENT / SUPPLIES – Any item that you have made that relates to natural resources or outdoor education. Includes but not limited to outdoor product designs, camp sets, and tools.
- Lot 3:** COLLECTIONS – any items collected and displayed. May include but is not limited to rocks, sands, artifacts, dried flowers, entomology, photo albums, and similar items. Collections must be labeled.
- Lot 4:** OTHER – any other projects related to Natural Resources and Outdoor Education that does not fit into any other lot.

DIVISION B

ART

CLASS BA – Arts & Crafts

- Lot 1:** BOONDOGGLE – item made primarily of boondoggle – i/e/ keychain, figure, etc.
- Lot 2:** METAL – item cut from metal, made primarily of metal, pieced/welded together with metal
- Lot 3:** PAINTED WOOD CRAFTS – item made of wood that was painted by the youth
- Lot 4:** VINYL LETTERING / IMAGERY – item created using vinyl
- Lot 5:** LEGOS, FROM KIT – Legos, k'nex, etc. that were built from a kit
- Lot 6:** LEGOS, ORIGINAL DESIGN – Legos, k'nex, etc. there were built into an original design
- Lot 7:** GLASS ETCHING – glass item that was etched by youth
- Lot 8:** 3D PRINTING – item that has been created using a 3D printer
- Lot 9:** BEADING – item made from craft beads that is not jewelry (pony beads, melted beads, other)
- Lot 10:** JEWELRY – single item or set of necklace, bracelet, ring, earring, or other type of jewelry made from any material
- Lot 11:** LEATHER CRAFT – stamping, carving, toolkit, lacing or stitching on a leather item
- Lot 12:** PAPER CRAFT – stationary, origami, paper dolls, scrapbooking, etc.
- Lot 13:** STENCILING – uses stenciling techniques (sign, wall hanging, dishtowel, article of clothing, etc.)
- Lot 14:** PLASTIC CANVAS – decoration, picture frame, basket or other item created with plastic canvas
- Lot 15:** DUCT TAPE – item that has been created using duct tape
- Lot 16:** PIXELATIONS – item made using individual units to create one image (perler beads, diamond art, etc.)
- Lot 17:** OTHER – Any item crafted by the 4-Her that does not fit into the above category

CLASS BB – Fine Arts

- Lot 1:** CERAMICS – Painted or glazed ceramics
- Lot 2:** POTTERY – Any piece created by youth using pottery techniques
- Lot 3:** SCULPTURE – Paper or Paper Mache
- Lot 4:** SCULPTURE – Wire
- Lot 5:** SCULPTURE – Clay
- Lot 6:** SCULPTURE – Made from any other medium not listed above
- Lot 7:** DRAWING – Pencil/Sketch. Can be colored or lead pencil.
- Lot 8:** DRAWING – Oil pastel
- Lot 9:** DRAWING – Chalk
- Lot 10:** DRAWING – Marker, Pen/Ink, Crayon or any other medium not listed above
- Lot 11:** DRAWING PORTFOLIO – Collection of at least 5 drawings
- Lot 12:** PAINTING – Watercolor
- Lot 13:** PAINTING – Acrylic
- Lot 14:** PAINTING – Oil
- Lot 15:** PAINTING – From kit / Paint By Number
- Lot 16:** CALLIGRAPHY – Any item demonstrating a youth/s calligraphy/penmanship
- Lot 17:** GRAPHIC / DIGITAL ARTS – Work of art created utilizing computer technology
- Lot 18:** WRITING – Poem, short story, or other written work
- Lot 19:** PERFORMING ARTS – Dance, vocal, composed music, acting, etc. Must be submitted by sharable link or flash drive ONLY (no Cd's are accepted)
- Lot 20:** FILM – Any film project created by youth. Must be submitted by sharable link or flash drive ONLY (no Cd's are accepted)
- Lot 21:** OTHER – Any project that does not fit into the above categories

CLASS BC – Photography

- Lot 1:** LANDSCAPE
- Lot 2:** PERSON / PORTRAIT
- Lot 3:** ANIMAL
- Lot 4:** ACTION
- Lot 5:** MACRO / CLOSE UP
- Lot 6:** ARCHITECTURE
- Lot 7:** 4-H PROMOTION – photos of 4-H projects, community service, activities/events
- Lot 8:** PHOTO PORTFOLIO – Collection of at least 5 photos
- Lot 9:** OTHER – Photo that includes subject matter not detailed above

CLASS BD – Woodworking

- Lot 1:** WOOD CARVING – Item made from carved wood
- Lot 2:** WOOD ENGRAVING / BURNING – Wooden item that has been engraved or burned
- Lot 3:** ITEMS MADE FROM KIT
- Lot 4:** OWN DESIGN / POWER TOOLS
- Lot 5:** OWN DESIGN / HAND TOOLS
- Lot 6:** OWN DESIGN / SHOP TECHNIQUES
- Lot 7:** FURNITURE REFINISHING
- Lot 8:** FURNITURE DESIGN / CONSTRUCTION
- Lot 9:** OTHER – all other projects that do not fit into a category above

DIVISION C

PERSONAL DEVELOPMENT

CLASS CA – Youth Leadership & Civic Engagement

- Lot 1:** LEADERSHIP – Exhibit that shows learning about leadership skills and influencing others in a positive way
- Lot 2:** CIVIC EDUCATION – notebook, poster or other display that depicts your 4-H project related to government, history, culture, etc.
- Lot 3:** CIVIC ENGAGEMENT – notebook, poster or other display that depicts your 4-H project related to civic responsibility and/or social justice, etc.
- Lot 4:** SERVICE – Exhibit that shows an experience in a Service Learning project
- Lot 5:** OTHER – any display that depicts learning about leadership & Civic Engagement that does not fit into a lot above

CLASS CB – Career Readiness

- Lot 1:** CAREER PATHWAY – Please provide a notebook, poster or any other item or display that depicts how your 4-H project is preparing you for a career. Please provide a brief description of the exhibit.
- Lot 2:** CAREER READINESS SKILLS – Please provide a notebook, poster, or any other item or display that depicts how your 4-H project is preparing you for one or more of the following topics: job interviews, resume development, scholarship applications, job applications, college applications, talent development, acting professionally, showing respect in the workplace, reducing academic stress.
- Lot 3:** 4-H PORTFOLIO – 4-H Portfolios are the combination of a resume and cover letter

RESUMES

The resume should represent a cumulative summary of the 4-H members background, skills, and accomplishments. The 4-H member should summarize their 4-H experience by highlighting their project involvement, activities, awards/recognitions, leadership experiences, and community service. Each year, applicants will need to update their information, maintaining the most pertinent information over time. Content should be clearly identified as 4-H or non-4-H; style of resume and formatting are at the discretion of the applicant. Applicants should include contact information, county, school grade, and year in 4-H. Maximum 2 pages.

COVER LETTERS

The cover letter should be a narrative to accompany the resume. When applying for different 4-H contests, leadership roles, etc., the cover letter should be tailored to the requirements of the application. Maximum 1 page. Fair Objectives:

1. Where did you first learn about your 4-H project and how did you become involved?
2. What skills have you learned from your 4-H project this year and how will they be useful in the future?
3. What goals do you have for next year based on your 4-H project experience and your future plans?
4. How has 4-H helped you make decisions about your future?

DIVISION D

FAMILY CONSUMER SCIENCE & HEALTHY LIVING

CLASS DA – Emergency Preparedness and Safety

- Lot 1:** Please provide a notebook, poster or any other item or display that depicts your 4-H Emergency Preparedness or Safety project. Please provide a brief description of the exhibit

CLASS DB – Family Consumer Science (Child Care, Interior Design, Finance)

- Lot 1:** TOY, PUPPET or STORY - created by the 4-H member used for child care.
- Lot 2:** BABY SITTERS KIT – A baby sitter’s kit (contained in a storage container, sturdy box or draw string bag) containing at least eight involvement items for young children, four of which must be handmade by the 4-H member, the remaining may be commercial products. The kit must specify the age range they have built the kit for. Youth should label each item.
- Lot 3:** INTERIOR DESIGN – Room décor (wall hangings, organizers, etc.), concept board, floorplan, or any other interior design related project
- Lot 4:** FINANCE – Notebook, poster or any other item to display that depicts what you have learned about finance through 4-H
- Lot 5:** OTHER – CHILD CARE, INTERIOR DESIGN, FINANCE OR FAMILY CONSUMER SCIENCE - Please provide a notebook, poster or any other item or display that depicts your 4-H Family Consumer Science Project. Please provide a brief description of the exhibit.

CLASS DC – Food Preparation / Cooking

Food items must not require refrigeration. Must include recipe.

- Lot 1:** FOUR BAKED COOKIES
- Lot 2:** FOUR NON-BAKED COOKIES
- Lot 3:** FOUR BAR COOKIES
- Lot 4:** FOUR MUFFINS
- Lot 5:** FOUR BROWNIES
- Lot 6:** LAYER CAKE – square, oblong or round
- Lot 7:** INVENTED SNACK OR TRAIL MIX

Lot 8: FOUR PIECES OF CANDY

Lot 9: BAKED FRUIT PIE – A single or double crust

Lot 10: INTERNATIONAL/ETHNIC FOOD PRODUCT

Lot 11: FOOD FOR A SPECIAL OCCASION

Lot 12: OUTDOOR COOKING DUTCH OVEN (cake, cornbread, biscuits)

Lot 13: OTHER: Any other food item not mentioned above or in bread class. Small items provide 4 items, and large items provide 1.

CLASS DCA – Breads

Food items must not require refrigeration. Must include recipe.

Lot 1: QUICK BREAD - one loaf

Lot 2: FOUR PRETZELS

Lot 3: FOUR BAKING POWDER BISCUITS

Lot 4: FOUR BREADSTICKS OR YEAST ROLLS (not a sweet roll)

Lot 5: WHITE BREAD

Lot 6: SPECIALTY GRAIN (whole wheat, rye, oat)

Lot 7: SWEET YEAST BREAD OR FOUR SWEET ROLLS

Lot 8: INTERNATIONAL BREAD - one loaf

Lot 9: CREATIVE BREAD / BREAD SCULPTURE - one display, use of a bread machine or purchased frozen dough optional

CLASS DCB – Cake / Cupcake Decorating

Exhibits of decorated cupcakes or cakes include:

Lot 1: FOUR CUPCAKES – Design applied with colored sugar, coconut, candies, etc. All decorations must be edible

Lot 2: FOUR CUPCAKES – Design using at least 3 different types of decorating tips

Lot 3: SINGLE-LAYER – 8 or 9 inch round square or a 9x13 inch oblong) or cut-up with design applied with colored sugar, coconut, candies, etc. All decorations must be

edible.

Lot 4: TWO OR MORE LAYERS – Using at least 3 different types of decorating tips.

Lot 5: CHARACTER, 3D or DOLL – Using at least 3 different types of decorating tips.

Lot 6: DECORATED CAKE USING STYROFOAM OR OTHER NON-EDIBLE FRAME

Lot 7: DECORATED CAKE USING FONDANT

Lot 8: OTHER – any other cake/cupcake decorating project not detailed above

CLASS DCC – Food Preservation

State Recommendations for County Fair Canning Guidelines

Many of the following requirements are based on SAFETY guidelines. ONLY those regarding presentation of exhibit or specific fair preferences are adaptable.

SPECIAL RULES FOR HOME CANNING

Canning rules are based on safe food preservation guidelines from approved sources (National Center for Home Food Preservation (NCHFP), USU Extension and Pacific Northwest Extension, USDA, and Ball Canning).

See: <https://nchfp.uga.edu> , <http://canning.usu.edu>, or www.freshpreserving.com

1. Only products of home kitchens are eligible.
2. Products entered must have been prepared (by the person entering them) since the last state/county fair. Older products will not be accepted.
3. All entries must be in clean, standard canning jars (e.g. no mayo jars) with new, single-use two piece lids and rings.
4. A one-quart or pint jar constitutes an exhibit for fruit, vegetables or meat.
5. One standard-size canning jar constitutes an exhibit for preserves, conserves, pickles, and relishes based on recommendations from an approved recipe.
6. One pint or 1/2 pint jar with lid constitutes an exhibit for jellies and jams.
7. Exhibits should be canned using research-tested recipes, i.e., USDA, Ball, pectin brand name or NCHFP guidelines issued 2009 or later. Processing adjustments for altitude, time or pressure must be made and explained on entry label.
8. All fresh fruits, jams, jellies, pickles and relishes must be processed in a boiling water bath and properly sealed. Entries processed in a steam canner will not be accepted.
9. No frozen jams or wax seals will be accepted. The presence of mold disqualifies a product.
10. All meats and vegetables must be processed in a pressure canner.

- 11.** The exhibitor is requested to loosen the ring on the jar (so judges can remove ring and examine the head space).
- 12. REQUIRED:** All jars must be labeled with name of product, method (water bath or pressure), pack (hot or raw), length of processing time, pounds of pressure (if applicable), altitude, date, city, recipe source (see above) and when the dial gauge was last tested (Year) attached to the bottom of jar. If sweeteners other than sugar are used, include on label. Labels are available in advance from USU Extension Office or on their website

Product: _____

Method: _____ **Water bath** _____ **Pressure**

Pack: _____ **Hot** _____ **Raw**

Length of Processing Time: _____

Pounds (if pressured): _____ **Altitude:** _____

Year dial gauge was last tested: 20 _____

Processing Date: _____ **City:** _____

Source of Recipe: _____

Exhibitor Comments: _____

Enter one (1) appropriate size jar with completed label on bottom of jar to include the information listed in the General Foods Preservation Rules above.

- Lot 1:** CANNED FRUITS – limit of 3 bottles of different fruits
- Lot 2:** CANNED JAM/JELLY – or a reduced sugar fruit spread (no freezer jams accepted)
- Lot 3:** CANNED VEGETABLES – limit of 3 bottles of different vegetables
- Lot 4:** CANNED TOMATO PRODUCT
- Lot 5:** SALSA
- Lot 6:** CANNED PICKLES OR PICKLED PRODUCT
- Lot 7:** CANNED MEATS
- Lot 8:** CANNED COMBINATION PRODUCT
- Lot 9:** DEHYDRATED FOODS

Lot 10: FREEZE-DRIED FOODS

CLASS DCD – Cooking / Non-edible

- Lot 1:** TABLE SETTING AND CENTERPIECE – for special occasion **(For county fair use only)**
- Lot 2:** BEGINNING RECIPES - 30 recipes legibly written or typed in file or book.
- Lot 3:** ADVANCED RECIPES - 60 recipes legibly written or typed in file or book.
- Lot 4:** OTHER: Please provide a notebook, poster or any other item or display that depicts your 4-H foods, cooking or nutrition project. Please provide a brief description of the exhibit.

CLASS DD – Health & Wellness

Please provide a notebook, poster or any other item or display that depicts your 4-H project in Health & Wellness project. Please provide a brief description of the exhibit.

- Lot 1:** MENTAL HEALTH
- Lot 2:** EMOTIONAL HEALTH
- Lot 3:** SOCIAL HEALTH
- Lot 4:** PHYSICAL HEALTH
- Lot 5:** HEALTHY RELATIONSHIPS
- Lot 6:** SELF CARE – home made items such as face masks, scrubs, candles, etc.

CLASS DE – Needle Arts

An item made utilizing one of the following:

Lot 1: MACRAME – All articles made except jewelry

Lot 2: EMBROIDERY & APPLIQUE

Lot 3: COUNTED CROSS STITCH

Lot 4: LACEWORK

Lot 5: NEEDLEPOINT

Lot 6: LATCH HOOK

Lot 7: ORIGINAL NEEDLECRAFT – Item made from own design, not a kit or pattern

CLASS DEA – Knitting

Lot 1: KITCHEN ITEMS

Lot 2: SMALL ARTICLES / ACCESSORIES

Lot 3: BABY ITEMS

Lot 4: SWEATERS

Lot 5: AFGHAN

Lot 6: LOOM KNITTING

Lot 7: ADVANCED STITCHES – cables, fair isle, etc.

Lot 8: FELTED ITEMS

Lot 9: OTHER – Item related to knitting not listed above

CLASS DEB – Crochet

Lot 1: KITCHEN ITEMS

Lot 2: SMALL ARTICLES / ACCESSORIES

Lot 3: BABY ITEMS

Lot 4: SWEATERS

Lot 5: AFGHAN

Lot 6: LOOM KNITTING

Lot 7: ADVANCED STITCHES – cables, fair isle, etc.

Lot 8: FELTED ITEMS

Lot 9: OTHER – Item related to knitting not listed above

CLASS DEC – Spinning and Weaving

Lot 1: SPUN YARN – skeins should weigh at least 2 ounces and be properly tied in 4 places with self yarn. Should include a 3x5 card which describes fiber preparation, fiber content, techniques, and appropriate use.

Lot 2: WEAVING – Article made by weaving

Lot 3: OTHER – item related to spinning and/or weaving.

CLASS DF – Sewing Construction

Lot 1: PILLOWCASE

Lot 2: PILLOW

Lot 3: DRAWSTRING BAG / CAMP BAG

Lot 4: BAGS – Backpack, duffle, handbag, pouch (open or with closure)

Lot 5: APRON

Lot 6: CLOTHING REMADE – garment must be cut or taken apart in some way in the “redesign” process. i.e., skirt made from Levi pants. May include before and after photo.

Lot 7: SHORTS, CAPRIS, PANTS – With casing, elastic or drawstring waistband

Lot 8: SHORTS, CAPRIS Pants – With waistband or facing

Lot 9: SKIRT – With casing, elastic or drawstring waistband

Lot 10: SKIRT – With waistband or facing

Lot 11: VEST

Lot 12: PAJAMA SET, NIGHTGOWN, ROBE OR LOUNGEWEAR (single pajama pants should be entered in lot 7)

Lot 13: JUMPER

Lot 14: SHIRT / BLOUSE

Lot 15: CASUAL DRESS

Lot 16: COAT, JACKET, OR OUTERWEAR

Lot 17: MULTI-PIECE OUTFIT (2 or 3 piece, not tailored)

Lot 18: SPECIAL OCCASION DRESS / FORMAL OR EVENING WEAR

Lot 19: TAILORING (2 or 3 piece outfit)

Lot 20: ACTION WEAR (using stretchable fabrics. Swimsuits, leotards, biking shorts, shirts)

Lot 21: CREATE YOUR OWN FABRIC – clothing, home decorations, gifts, wall hangings, accessories or whatever you choose to make with the fabric you have created

Lot 22: SEWING FOR ANIMAL PROJECTS – aprons, saddlebags, tool carriers, cloth carriers, garment bags, hat tote, rope and boot bags, hay/feed bags, pads or beds, animals coats, bird cage covers, leg wraps, tail wraps, saddle blankets, chaps, show clothes, etc.

Lot 23: SOFT SCULPTURE – stuffed doll, animal or other figure utilizing soft sculpture techniques

Lot 24: SEWN FLEECE PROJECTS – Any item constructed from fleece. Exhibits may include: mittens, hats, outerwear, blankets, pillows, boas, etc.

Lot 25: SEWING FOR DOLLS – Any article sewn for a doll

Lot 26: HOUSEHOLD ITEMS – Tissue cover, cord case, etc.

Lot 27: SEWN WEARABLE ACCESSORIES – Scrunchie, headband, infinity scarf, slouchy beanie, etc.

Lot 28: OTHER CREATIVE SEWN TEXTILE ITEM

CLASS DFA – Quilting

Minimum of 50% of quilt should be made by the exhibitor. Please include card explaining your quilting (ie. Did you piece it, quilt it, someone else quilt it, etc.). It is customary to piece the quilt and have assistance with quilting. Regardless of size of quilt, it will be judged on skills utilized.

Lot 1: TIED QUILTS / PIECED

Lot 2: TIED QUILTS / WHOLE

Lot 3: RAG QUILTS

Lot 4: PIECED QUILT TOP – binding and/or quilting done professionally (please indicate)

Lot 5: PIECED QUILTS, MACHINE – 4-H member machine quilted

Lot 6: PIECED QUILTS, HAND – 4-H member hand quilted

Lot 7: APPLIQUES QUILT TOP – Binding and/or quilting done professionally (please indicate)

Lot 8: APPLIQUED QUILTS, HAND – 4-H member machine quilted

Lot 9: APPLIQUED QUILTS, HAND – 4-H member hand quilted

Lot 10: WALL HANGINGS

Lot 11: MINKY FABRIC – Quilt made using mink fabric

Lot 12: OTHER – item related to quilting not listed above

CLASS DFB – Clothing / Textiles / Modeling

Lot 1: DECORATE YOUR DUDS – EMBELLISHED GARMENT – jeans, jackets, t-shirts, vests, shorts, or any clothing article decorated creatively with applique, lace, buttons, bows or other items. Accessories such as hats, shoes and jewelry may be included.

Lot 2: DECORATE YOUR DUDS – FABRIC ALTERED GARMENT – Fabric is tie-dyed, sun-dyed, painted, pieced or otherwise altered while creating garment.

Lot 3: COSPLAY – any costume put together by youth that is not all sewn, multi piece outfit (see DF Lot 17)

Lot 4: FABRIC CRAFT – doll, wreath, basket, wall hanging, or other non-clothing and/or non-sewn item mostly made from Fabric

Lot 5: DISPLAY – Please provide a notebook, poster or any other item or display that depicts your 4-H project in Clothing and Textiles that is not Sewing Construction. Please provide a brief description of the exhibit

Lot 6: OTHER – Non-sewn Creative Textile items not listed above, includes non-sewn fleece projects

DIVISION E

SCIENCE, TECHNOLOGY, ENGINEERING & MATH

CLASS EA – Biological Science (entomology, bees vet science)

Lot 1: VETERINARY SCIENCE

Lot 2: FOOD SCIENCE

Lot 3: POULTRY SCIENCE / EMBRYOLOGY

Lot 4: PLANT SCIENCE

Lot 5: BIOLOGY

CLASS EB – Engineering (mechanical, aerospace, coding, electrical, robotics)

Lot 1: MECHANICAL ENGINEERING

Lot 2: CIVIL ENGINEERING

Lot 3: ELECTRONIC ENGINEERING

Lot 4: ARCHITECTURAL ENGINEERING

Lot 5: AEROSPACE ENGINEERING

Lot 6: AUTOMOTIVE

Lot 7: ELECTRONICS

Lot 8: COMPUTER SCIENCE AND COMPUTATIONAL THINKING

Lot 9: ROBOTICS

CLASS EC – Physical Science (physics, chemistry, earth science)

Lot 1: CHEMISTRY

Lot 2: PHYSICS

Lot 3: EARTH SCIENCE

CLASS ED – Social Science: Archaeology, anthropology misc. sciences)

Lot 1: ARCHAEOLOGY

Lot 2: ANTHROPOLOGY

Lot 3: HISTORY

Lot 4: GENEALOGY

Lot 5: OTHER

*****SEE CLASS AA FOR AGRISCIENCE**

DIVISION F

GENERAL 4-H

CLASS FA – General 4-H

- Lot 1:** ACCESS, EQUITY & INCLUSION - Please provide a notebook, poster or any other item or display promotes equity, access and inclusion in 4-H.
- Lot 2:** MARKETING & PROMOTION - Please provide a notebook, poster or any other item or display promotes or markets 4-H.
- Lot 3:** OTHER - Please provide a notebook, poster or any other item or display that depicts your 4-H project that doesn't fall within any other lot mentioned above.

CLASS FB – Cloverbud – county use only

- Lot 1:** CLOVERBUD – Any exhibit for Cloverbud aged youth (Kindergarten, 1st, 2nd grade)

DIVISION G

PLANTS

CLASS GA – Flower Gardening / House Plants

The number of flowers required for each exhibit follows each flower type.

- Lot 1:** ANNUALS – 3 or more stems each from any type or variety annual
- Lot 2:** PERENNIALS – 3 stems of any type or variety perennial
- Lot 3:** GLADIOLI – single stem, named variety
- Lot 4:** BORDER AND ROCK PLANTS – 3 clusters
- Lot 5:** DAHLIAS AND ZINNIAS – single specimen, named variety
- Lot 6:** EVERLASTINGS AND OTHERS FOR DRYING – single specimen, named variety
- Lot 7:** MARIGOLDS – 3 blossoms, named variety
- Lot 8:** PANSIES – 3 blossoms, named variety
- Lot 9:** PETUNIAS – 3 blossoms, named variety
- Lot 10:** FLOWERING VINES – 3 specimens, named variety
- Lot 11:** ROSES – All foliage and thorns removed from stems to the first bud, cluster, or flower, except for shrub and species - 3 blossoms, named variety
- Lot 12:** LILIES – All foliage removed from stem – 1 stem, named variety
- Lot 13:** SUNFLOWERS – single specimen, named variety
- Lot 14:** MISCELLANEOUS – 3 blossoms, named variety
- Lot 15:** GENERAL GARDEN DISPLAY – Largest number of different flower species, best collection of 6 different flower species, best bloom in your garden
- Lot 16:** ARRANGEMENTS – Dried, Fresh or Artificial floral arrangements
- Lot 17:** HOUSE PLANTS
- Lot 18:** OTHER

CLASS GB – Gardens - Fruit / Vegetable

Any garden fruit or vegetable grown by a 4-H participant. Exhibit is to meet stated requirements explained in the Utah 4-H Vegetable Garden Manual. All exhibits entered are to be identified by the variety used. Each participant is allowed to enter up to 2 exhibits in each lot, but must be different varieties. Single exhibits should contain the following number for display:

- Lot 1:** APPLES – 3 fruits
- Lot 2:** APRICOTS – 3 fruits
- Lot 3:** BEANS, LIMA – (fresh), 5 pods
- Lot 4:** BEANS, SNAP – (fresh), 5 pods
- Lot 5:** BEETS – (fresh, washed, tops off), 3 roots
- Lot 6:** BRAMBLE FRUIT – raspberries, blackberries, etc, 10 fruits
- Lot 7:** CARROTS – (fresh, washed, tops off), 3 roots
- Lot 8:** CABBAGE – (trimmed), 1 head
- Lot 9:** CAULIFLOWER – (trimmed), 1 head
- Lot 10:** CANTALOUPE – [Muskmelon] (firm, ripe), 1 fruit
- Lot 11:** CELERY – (trimmed, washed), 1 plant or stalk
- Lot 12:** CORN, SWEET – (husked, table maturity), 3 ears
- Lot 13:** CUCUMBERS – (for slicing), 3 fruits
- Lot 14:** EGGPLANTS – 1 fruit
- Lot 15:** GARLIC – 3 bulbs
- Lot 16:** GRAPES – 1 cluster
- Lot 17:** HERBS – 3 sprigs
- Lot 18:** LETTUCE – (trimmed), 1 head
- Lot 19:** NUTS – peanuts, walnut, hazelnut, pistachio, 10 nuts
- Lot 20:** ONIONS – (washed and trimmed), 3 bulbs
- Lot 21:** ORNAMENTAL GOURDS – 1 of a large variety or 3 of a small variety
- Lot 22:** OTHER SMALL FRUIT – strawberries, gooseberries, currants, etc, 10 fruits
- Lot 23:** PARSNIPS – fresh, washed, tops off, 3 roots
- Lot 24:** PEAS – 5 pods
- Lot 25:** PEACHES – 3 fruits
- Lot 26:** PEARS – 3 fruits
- Lot 27:** PEPPERS – Hot Varieties, 3 fruits

- Lot 28:** PEPPERS – Sweet, 3 fruits
- Lot 29:** PLUMS – 3 fruits
- Lot 30:** POTATOES – 3 tubers
- Lot 31:** PUMPKIN – medium size, 1 fruit
- Lot 32:** SQUASH – summer (table maturity), 3 fruits
- Lot 33:** SQUASH – winter (small varieties, mature), 3 fruits
- Lot 34:** SQUASH – winter (large varieties, mature), 1 fruit
- Lot 35:** SWISS CHARD – (roots attached and washed), 1 large plant
- Lot 36:** TOMATOES – (mature- green, tops on or red, tops off), 3 fruits
- Lot 37:** TOMATOES – Cherry Varieties (mature, tops off), 5 fruits
- Lot 38:** TOMATOES – Paste Varieties (red, tops off), 3 fruits
- Lot 39:** TURNIPS – (fresh, washed, tops off), 3 roots
- Lot 40:** WATERMELON – (firm ripe), 1 fruit
- Lot 41:** OTHER – fruit or vegetable, properly named and prepared. (The number to be entered should be the same as similar fruit/vegetables listed.)
- Lot 42:** GARDEN CORNUCOPIA - 4 to 6 kinds of garden fruits and/or vegetables of the number listed above and arranged for group display. Each part of the entry must have the proper variety identified.
- Lot 43:** ORGANIZATION PLAN FOR GARDEN PROJECT - This project is especially for members in counties where the harvest may be over or where fruits and vegetables may not yet have matured. Using any form (i.e. usb, poster, or notebook), member is to present their plan for planting a garden and harvesting the produce. List (or diagram) garden size and directional exposure; the location, date, and amount and variety of seed to be planted; anticipated costs for water, fertilizer, seeds and plants; and anticipated use of the harvest.
- Lot 44:** VEGETABLE ART - Create anything you'd like using a variety of fruits and vegetables. Seeds, nuts, and edible flowers are also okay. Please include the title. At least half of the creature must be from produce grown by the 4-Her.